Distribution of non-native brook trout (Salvelinus fontinalis) across Norwegian waterbodies — is it an invasive species?

Trygve Hesthagen¹, Geir H. Bolstad¹ and Einar Kleiven²


Non-native brook trout (Salvelinus fontinalis MITCHELL, 1815) was introduced into Norway in 1883. However, it was not until the late 1970s that this acid-tolerant salmonid species was stocked into many acidified lakes that many populations became established. In 2004, all brook trout stocking in Norway ceased. In this study, we surveyed the distribution of brook trout in Norwegian water bodies. A totally of 202 self-sustaining populations were identified, mostly in unregulated lakes (n=101), streams (n=71) and also to some extent in reservoirs (n=25). Only four populations were found in inland rivers, and one population in a river with Atlantic salmon (Salmo salar L.). Localities with brook trout covered a wide range of altitudes and sizes. Analyses of time-series catches in sympatric populations of brown trout (Salmo trutta L.) and brook trout from 12 lakes (1997-2012) revealed a strong decline in brook trout stocks. A similar development in abundance has also emerged from other studies in recent years. Generally, lake-dwelling brook trout is regarded as a low-risk species with respect to invasiveness. However, brook trout/brown trout interactions may be habitat-specific, as brook trout may dominate in small and relatively cold streams.

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INTRODUCTION

Invasive species, i.e. non-native species that spread beyond the introduction site and become abundant and established (Rejmanek et al. 2002), are increasingly recognized as one of the main threats to biodiversity in fish communities at a global level (Garcia-Berthou 2007; Trochine et al. 2017). Freshwater ecosystems are particularly affected by invasive fish species (Clavero & Garcia-Berthou 2006), which have become a growing source of concern worldwide for several decades (Kohler & Courtenay 1986; Sala et al. 2010; Gallardo & Aldridge 2015). The management of invasive species is therefore one of the major challenges that conservation biologists will face in the near future (Allendorf & Lundquist 2003).

Several large-scale intercontinental introductions of freshwater fishes have been carried out over the 19th century (Gozlan 2008; Clavero & Villero 2013; Gozlan et al. 2010). These have included three salmonid species; brook trout (Salvelinus fontinalis MITCHELL, 1815), rainbow trout (Oncorhynchus mykiss WALBAUM, 1792) and brown trout (Salmo trutta L., 1758) (MacCrimmon & Marshall 1968; MacCrimmon & Campbell 1969; MacCrimmonn 1971; Scott & Crossman 1973). Brook trout are native to northeastern North America (MacCrimmon & Campbell 1969; Scott & Crossman 1973). However, since the late 1800s, attempts have been made to establish brook trout all over the world, mainly due to its appeal as a sport fish.

Brook trout were successfully introduced into Norwegian waters in 1883 (Hesthagen & Kleiven 2013; Kleiven & Hesthagen 2013). However, subsequent releases of fry at 20-30 locations
produced only one known self-sustaining population, in Overnbekken stream in Buskerud County (Eken 1988). In 1917 or 1918, another population of unknown origin was established from fry stocking in Øyfjell, Telemark County (Huitfeldt-Kaas 1924). In this area, brook trout were since translocated to several sites (Grande 1964; Hesthagen & Kleiven 2013). In the late 1970s, large-scale stocking of brook trout started in southern Norway. This mitigation measure was intended to compensate for the extensive damage to fish caused by acidification, as more than 9600 populations, mainly of brown trout, became extinct (Sevaldrud & Muniz 1980; Hesthagen et al. 1999). As brown trout in most cases was the only native fish species, large areas became completely devoid of fish. The reason for stocking brook trout was that it was recently recognized as an extremely acid-tolerant species (Dunson & Martin 1973; Trojnar 1977; Muniz & Leivestad 1979). At least 12 hatcheries in southern Norway have produced offspring (age 0+) of brook trout in recent decades (Hesthagen & Kleiven 2014). Most lakes were probably stocked with at least several hundred individuals. In regulated lakes, however, compensatory stockings were carried out by the power companies, and in most cases these amounted to between 1 000 and 10 000 individuals annually (Møkkelgjerd & Gunnerød 1985).

In 2004, the stocking of brook trout in Norwegian waters was stopped (Hesthagen & Sandlund 2007). The environmental authorities realized that introductions of this non-native species were at odds with the internationally adopted goal of conserving native biodiversity. Moreover, brown trout populations in previously acidified areas had recently started to recover (Hesthagen et al. 2011a, 2016). This is thanks to improved water quality through a substantial reduction in sulphates in precipitation (cf. Garmo et al. 2014). In addition, large scale liming campaigns have been carried out since the 1980s (Sandøy & Romundstad 1995).

When a non-native fish species is introduced into a body of water where it did not previously occur, there are several possible outcomes (Gozlan et al. 2010; Blackburn et al. 2011; Gallardo & Aldridge 2015). The negative ecological impacts vary highly depending on the species involved, community structure and abiotic environmental conditions (Savini et al. 2010; Henriksson 2016 a, b). For the majority of non-native species, no quantitative information is available regarding the consequences of such introductions (Simberloff et al. 2013). Brook trout is classified as a medium-risk species among non-native freshwater fish (Copp et al. 2009; Britton et al. 2010). Our article describes the distribution of brook trout in Norwegian water bodies. Furthermore, we studied their development in recent years in 12 lakes, based on time-series. The specific objective of the study is to assess whether brook trout is an invasive species.

**METHODS**

The distribution of brook trout in Norwegian water bodies was surveyed in 2012-2016 (Hesthagen & Kleiven 2013; Hesthagen & Sandlund 2016). Data was obtained via literature studies and interviews with fishermen, landowners, fishery organizations, and local and state environmental authorities. First, we grouped their occurrence at county level, and thereafter by individual watersheds. On both scales, possible occurrence of brook trout was identified, starting at the highest lake in each watershed. Downstream localities were then surveyed in order to establish the existence of brook trout. Their longevity is usually less than four years in Norwegian waters (Qvinnild 1986; Sægrov et al. 2008). As stocking ceased in 2004, all populations that were identified in 2012 at the latest are considered self-sustaining.

Each stock was categorized according to the type of habitat it occupied; (i) unregulated lakes, (ii) regulated lakes [reservoirs for hydropower generation], (iii) first- and second-order inland streams, (iv) rivers with a maximum width of 4-5 m, and (v) rivers with anadromous salmonids. A stock of brook trout is defined as one that inhabits a single lake, river or stream. Any given lake is defined as containing only one stock, irrespective of whether spawning could occur in several tributary streams. Streams up- or downstream of lakes containing brook trout, or streams between two lakes with brook trout, are not regarded as separate stocks. Nor are stocks in tributaries or second-order inland rivers, if the first-order stream or river contains brook trout. However, stocks in tributaries to a river with Atlantic salmon (Salmo salar L.) are defined as reproductive units if that river does not host brook trout. We used different categories for lake size and altitude (both streams and lakes).

We analyzed the change in relative abundance of brook trout living in sympathy with brown trout from 11 un-limed lakes in upper stretches of the Tovdal watershed (170 to 218 m a.s.l.), Aust-Agder County, and from one limed lake in Otra watershed, Lake Dåsvatn at 190 m a.s.l., Vest-Agder County, based on catches between 1997 and 2012. Only these two species of fish are found in these 12 lakes. The lakes in Tovdal watershed were sampled only with gillnets with mesh sizes between 15-24 mm (knot to knot), from April to August every year. Sampling took place several times each month, using between 40 and 100 gillnets. Not all lakes were sampled every year in Tovdal watershed. In Lake Dåsvatn, sampling was mainly carried out with traps with mesh size of 10 mm, between mid-April and late November. Gillnets with 19.5 to 24 mm mesh sizes were also occasionally used. The total catch of brown trout and brook trout in lakes in the Tovdal and Otra watersheds were 334251 vs. 1634 and 45162 vs. 925 individuals, respectively.

These catch data from Lake Dåsvatn were analyzed using a mixed effect model with a logit link and binomially distributed residuals.
where $E[\text{Logit}(y_j)]$ is the expected proportion of brook trout in the catch (on logit scale) for each year $j$, $b_0$ is the intercept, $b_1$ the slope, and $c$ a random factor distributed according to an AR(1) process to account for the non-independence among the data points.

For the Tovdal data, we used the same model, but with a random-regression component:

$$E[\text{Logit}(y_{ij})] = b_0 + b_1(\text{Year}_{ij} - 1997) + \beta_0 i + \beta_1 i(\text{Year}_{ij} - 1997) + c_{ij}$$

where $\beta_0 i$ and $\beta_1 i$ are the random intercept and slope for each lake $i$. These random factors were assumed to be normally distributed with a mean of zero and a correlation between intercept and slope.

**RESULTS**

A total of 202 self-sustaining populations of brook trout were recorded in southern Norway, mainly in the counties of Aust-Agder (n=62), Vest-Agder (n=49) and Telemark (n=38) (Figure 1). There are also some populations in southeastern Norway, in Hedmark county (n=22). The northernmost sites with brook trout are found in Trøndelag County (n=5), where they have dispersed from stocking sites in transborder watersheds in Sweden.

Most populations of brook trout were found in unregulated lakes (n=101) and streams (n=71), and to some extent also in reservoirs (n=25). Brook trout were found in only four inland rivers; Monn and Logna in Vest-Agder, and Tevla and Inna in Trøndelag. One population of brook trout was found in a river with Atlantic salmon; Sogndalselva in Vest-Agder.

Most of the lake-dwelling populations (n=126, 62.4 %) of brook trout were found in smaller lakes which covered areas of 0.010-0.099 km$^2$ (32.5 %) and 0.100-0.490 km$^2$ (29.4 %) (Figure 2A). A small proportion occupied lakes larger than 10 km$^2$ (4.8 %). Brook trout were found at a mean altitude (m a.s.l.) of 513±326 SD. They were most abundant in localities at 100-249 (27.7%) and 250-499 m a.s.l. (28.7 %) (Figure 2B). Furthermore, 9.9 % occurred above 1000 m a.s.l. (1014-1252 m a.s.l.).

There was a strong decline in the abundance of brook trout in both Lake Dåsvatn and in the 11 lakes in Tovdal watershed between 1997 and 2012 (Figure 3A, B). In Lake Dåsvatn, a total of 744 brook trout were caught during the first five years of the study, as opposed to seven specimens during the last five years. The proportion of brook trout in the total catch dropped from 19 % in 1997 to less than 0.1 % from 2007 and onwards. In the Tovdal watershed, a total of 894 brook trout were caught during the first five years of the study, as opposed to 92 individuals during the last five years. The average proportion of brook trout in the total catch across lakes was estimated to drop from 6.1% in 1997 to less than 0.1 from 2007 and onwards. There was some variation in this respect among the lakes in Tovdal (Figure 3B, Table 1). For one of the lake the estimated decline of brook trout was much smaller, ending up at an estimated proportion in the total catch in 2012 of 0.7% (Figure 3B, #4)

**DISCUSSION**

Brook trout have become well established in Norwegian waters following repeated stocking programs in a large number of lakes from the mid 1970s until the early 2000. Altogether 202 self-sustaining populations were recorded by an assessment in 2012-2016, most of them in the south of Norway. Inferences regarding distribution and habitat preference depend on sampling coverage. If sampling effort differs among habitats, it is impossible to investigate abundance patterns across habitats. Our data is based on literature studies and interviews with fishermen, landowners, fishery organizations, and local or state fish management authorities. Questionnaires and interviews
have been used extensively to assess fish distribution and their status in Norwegian lakes (Sevaldrud & Muniz 1980; Hesthagen et al. 1993, 1999). Reliable data on fish in such localities can be obtained because (i) large areas belong to the state or rural communities, where all citizens can fish, as is also the case in many privately owned waters. (ii) there is a long tradition of, and keen interest in, exploiting inland fish stocks in Norway, that also includes fishing with gillnets. (iii) most of our lakes contain only a few fish species, usually only one or two (Tammi et al. 2003). (iv) brook trout is a relatively new fish species in Norwegian watersheds, and most people are aware of their appearance. (v) brook trout have become a popular sport fish. (vi) many landowners, fishery organizations, etc. have been involved in stocking of brook trout in recent years, and they have a keen interest in their fate. However, knowledge of populations in small lakes and streams may be under-represented, as such sites are less fully exploited or known by fishermen and landowners.

Brook trout do not seem to have been very successful in establishing self-sustaining populations in Norwegian waters.

Table 1. Parameter estimates for the logistic regression models for the changes in brook trout vs. brown trout in Lake Dåsvatn and in 11 lakes in Tovdal watershed. Intercept was estimated at year 1997. SD(int) and SD(slope) is the standard deviation of the intercepts and slopes among lakes, respectively, and and Cor(int, slope) is the correlation between the intercept and the slopes among lakes.

<table>
<thead>
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<th>Model</th>
<th>Intercept</th>
<th>Slope</th>
<th>SD (int)</th>
<th>SD (slope)</th>
<th>Cor(int, slope)</th>
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</thead>
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<td>Dåsvatn</td>
<td>-1.47±0.22</td>
<td>-0.54±0.04</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Tovdal</td>
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<td>-0.46±0.11</td>
<td>1.08</td>
<td>0.27</td>
<td>-0.85</td>
</tr>
</tbody>
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Figure 1. The occurrence of brook trout in Norwegian waters in relation to lake size (A) (n=126), and altitude (B) which includes both lotic and lentic habitat (n=202).

Figure 3. Changes in proportion of brook trout in reported catches from 1997 to 2012; A for Lake Dåsvatn and B for 11 different lakes in the Tovdal watershed. The black regression line shows the estimated line for Lake Dåsvatn and the average for all 11 lakes in the Tovdal watershed.
In Aust-Agder County, 292 stocking permits were issued from 1976 to 1990 (Kleiven 1995). Brook trout are also found downstream from their stocking sites, reflecting their capacity to disperse (cf. MacCrimmon & Campbell 1969; Scott & Crossman 1973). They therefore had access to a greater number of sites than those that were stocked directly. Brook trout seems to be able to establish self-sustaining populations in a wide range of habitats. The environmental conditions in most of the localities that were stocked with brook trout are generally regarded as suitable, as most of them are oligotrophic cold-water lakes (cf. MacCrimmon & Campbell 1969; Scott & Crossman 1973). Attempts to establish brook trout outside their native distribution area suggest that water temperature is the most important single factor that limits their geographic range (MacCrimmon & Campbell 1969). Furthermore, the lakes stocked hosted a simple fish community, and many of them were even completely devoid of fish after years of acidification. Species-poor ecosystems are usually more vulnerable to the arrival of new species than species-rich ecosystems (Carey & Wahl 2010).

The abundance of brook trout seems to have dropped greatly in lakes in recent years in waters that also contain brown trout. This was the case in the 11 lakes in the Tovdal watershed, and in Lake Dåsvatn in Otra watershed between 1997 and 2012. In the latter case, the proportion of brook trout fell from about 19 % in 1997 to near zero from 2007 to 2012. For lakes in the Tovdal watershed, the decline was not as strong as their abundance was already low in 1997, making up only about 4-6 % of the total catch. Other studies confirm the reduction in brook trout abundance during the same period. A study conducted in 1991 in Aust-Agder County documented natural recruitment among brook trout in 26 streams, most of which also contained brown trout (Kleiven 1995). In 2013, only 46% of these sites still had brook trout (Hesthagen & Kleiven 2013). In the River Litlåna, brown trout was originally the only fish species present, but they were nearly eradicated by acidification (Larsen et al. 2007). In 1994, the river was limed, and electrofishing surveys in 1995-2004 showed that brook trout had started to recover. At the same time, the density of brook trout started to decline, and by 2002 they had disappeared from the river.

Brook trout were found in only one river that contained Atlantic salmon, the unlimed River Songdalselva (Gabrielsen et al. 2010). However, their abundance is currently falling, a trend that seems to be occurring simultaneously with a growing salmon population. Previously, brook trout were regularly found in many salmon rivers in southern Norway (Hesthagen et al. 2011b). However, acidification eradicated or seriously reduced Atlantic salmon populations in these rivers. Liming was therefore carried out to restore Atlantic salmon, and this led to a significant increase in their abundance. In recent years, very few brook trout have been caught in these river systems, and they are found in only a few tributary streams.

It appears that the abundance of brook trout has fallen sharply in several areas during the past 20 years or so. This may be related to the fact that brown trout have recovered from acidification during the same period (Hesthagen et al. 2011a). In most cases, brown trout is the only fish species that lives in sympathy with brook trout in most of our inland waters. Several studies have suggested that brown trout are dominant over brook trout in streams in North America (Fausch & White 1981; Fausch 1988). In streams in the Canadian Rockies, the invasion of brook trout was negatively associated with co-occurring rainbow trout or brown trout, two other introduced species (Warnock & Rasmussen 2013). Brook trout appear to dominate communities over native bull trout (Salvelinus confluentus G. CUVIER, 1816) where thermal or habitat niche opportunities are provided for them, although other non-native species may restrict their invasion into bull trout streams. Brook trout densities in Swedish streams were also negatively affected by the presence of brown trout, but not vice versa, irrespective of stream size or watershed area (Öhlund et al. 2008). These authors suggest that brown trout performance is an important factor in structuring the outcome of Swedish brook trout introductions. However, the proportion of allopatric brook trout was greater in the smallest streams. They suggested that this is because brown trout are unable to sustain viable populations where brook trout are numerically dominant. This does not appear to be related to differences in access to such small streams, as brown trout are believed to have better swimming ability than brook trout (Peake et al. 1997). However, brook trout are also quite capable of invading steep stretches of streams, even those with gradients up to 31%, and they can ascend vertical waterfalls of at least 1.3 m (Björkelid 2003). Thus, in small streams, brook trout will sustain viable populations and are unlikely to be wiped out by brown trout due to interspecific competition.

However, on the basis of data from 193 boreal lakes in Sweden located at 68-455 m a.s.l. (Spens et al. 2007), brook trout may also have a long-term detrimental impact on brown trout. In fact, 65 (20%) of all brown trout populations studied became extinct. Brown trout in higher-altitude lakes, i.e. above 285 m, were more sensitive to the impact of brook trout. It was suggested that brook trout actively displace brown trout by competition, predation, spreading disease, or a combination of these (Spens et al. 2007). In Norwegian lakes, no lost population of brown trout due to brook trout introduction have been reported. This may be related to fish community and habitat type, as most Norwegian lakes contain only these two fish species, being oligotrophic, located at relatively high altitudes, and have suitable spawning streams for brown trout.

Brook trout may presently have some climate-related advantages in Norwegian waters, as about 27% of all populations were found at sites between 750 and 1252 m a.s.l. Most brook trout populations in Sweden inhabited small, cold streams (Öhlund et al. 2008). Such small streams may have groundwater upwelling areas, which are preferred by brook trout (Cunjak 1996). It has been suggested that brook trout have a competitive advantage in such cold habitats, in addition to their life history, with higher juvenile growth rates and earlier reproduction than
brown trout (Öhlund et al. 2008). Such cold-water species may be vulnerable to the effects of warming temperatures caused by climate change (cf. Britton et al. 2010; Huime 2017). In some streams in Nova Scotia, the population density of brook trout was strongly related to water temperature, as streams that had a summer water temperature of 19 °C or more contained either few or no brook trout (MacMillan et al. 2008). In Rocky Mountain streams sites lacking brown trout but contained brook trout, tended to be small streams at the cold margin of between 19 and 22 °C (Rahel & Nibbelink 1999). Within this thermal zone, brown trout were more likely to occur in large streams (> 4 m wetted width) than in small streams. Similarly, the structure of brook trout, rainbow trout and brown trout populations in streams in the Southern Appalachian Mountains was related to elevation (Flebbe 1994), as allopatric and sympatric brook trout were generally found at higher elevations than the two other salmonid species.

In Finland, brook trout are mostly established in tributary streams, where they may form dense populations that can be harmful to local brown trout populations (Korsu et al. 2007, Korsu & Huusko 2009). They found that propagule pressure in terms of the number of individuals released and introduction events leading to highly successful establishment of brook trout, came to about 8000 individuals. Furthermore, a quarter of the newly introduced fish rapidly located suitable habitat patches in terms of small tributaries during initial dispersal. However, the effect of brook trout on brown trout was habitat-specific, as brook trout excluded native brown trout only in small tributary streams (Korsu et al. 2007), while in larger streams brown trout were usually not affected.

The abundance of lake-dwelling brook trout has declined significantly in Norway in recent years. This development also seems to have occurred in rivers. No data exists to assess their status in streams. Based on results from other countries, brook trout may dominate and exclude brown trout in small cold-water streams. Nevertheless, brook trout seems to be a low-risk species as far as invasiveness in Norwegian water bodies is concerned.

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Salvelinus fontinalis

Journal of Fisheries Research Board

Salmo trutta

Journal of Fisheries Research Board

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